

Mon	No Monday sessions this month		
Tue AM	Art Group	Connected Words	Connected Words
	4, 11, 18 & 25: 10:30am - 1pm Face to Face Brabazon Community Centre, TW5 9LT	4, 11 & 18: 11am - 12:30pm Online via Zoom web.zoom.us/j/82403519700, Meeting ID: 824 0351 9700	25 August: 11am - 12pm Face to Face Holland Park Cafe By Daisy Green, W8 6LU
Tue PM	Art Tuesday	6 Week Upcycling Sewing Course Sign up only	Peer Support
	25 August: 1pm - 2pm Face to Face Holland Park Cafe By Daisy Green, W8 6LU	18 & 25: 1:30pm - 3:30pm Face to Face Connect and Do, 107 Railton road, TW5 9LT	4, 11, 18 & 25: 2pm - 3pm Online via Zoom Call 07726580002 for more information
Wed	Art Wednesday		Blooming Marvellous Community Allotment
	5, 12, 19 & 26: 11am - 2pm Face to Face Stockwell Community Centre, SW9 0TE		5, 12, 19 & 26: 11:30 - 1pm Face to Face Stanley Road near Inwood Park, TW3 1XH
Thur	Art Thursday		Walking Group
	6, 13, 20 & 27: 11am - 12:30pm Online via Zoom web.zoom.us/j/9647254912 Meeting ID: 9647254912		6, 13, 20 & 27: 11:30am - 1pm Face to Face Meeting at The Coach & Horses Pub 183 London Rd, TW7 5BQ
Fri	Art Friday		Sonic Sound Club
	14, 21 & 28: 11am - 1pm Face to Face Hive Cafe, 33 Palace Road SW2 3HS		7, 14, 21 & 28: 2pm - 3pm Online via Zoom web.zoom.us/j/87618643077
Sat	Stepping up Football Group		
	8 & 22: 1pm - 4pm Face to Face Meet at Goals Ruislip Victoria Road, Ruislip, West London HA4 0JE		