

Mon	Festive Treats Cooking Sessions			Stockinsound Choir		
	3, 10, 17 & 24: 11am – 1.30pm Face to Face Session Fully Booked Hounslow Adult education Meadowbank TW5 9QX			3, 10, 17 & 24: 5pm onwards Face to Face Session Stockwell Community Centre 21 Aytoun Place, London, SW9 0TE		
Tue	Art Group	Connected Words	Connected Words	Art Tuesday	Peer Support Group	Choir With Anna
	4, 11, 18 and 25: 10:30am - 1pm Face to Face Session Brabazon Community Centre, Brabazon Rd, Hounslow, TW5 9LT	4, 11 & 18 11am – 12:30 Online Zoom Session web.zoom.us/j/82403519700, Meeting ID: 824 0351 9700	25 Nov: 11am – 12pm Face to Face Session Holland Park Cafe by Daisy Green, Ilchester Place, London, W8 6LU	25 Nov: 1pm - 3pm Face to Face Session Holland Park Cafe by Daisy Green, Ilchester Place, London, W8 6LU	4, 11, 18 & 25: 2pm - 3pm Online Zoom Session Call 07726580002 for more information	4, 11, 18 & 25: 4pm - 5pm Online Zoom Session web.zoom.us/j/87988206650 Passcode: 067286
Wed	Art Wednesday		Art Tour – Whitechapel Gallery		Blooming Marvellous Community Allotment	
	5, 12, 19 & 26: 11am - 2pm Face to Face Session Stockwell Community Centre, 21 Aytoun Place, London, SW9 0TE		26 Nov: Meeting at 2:45pm Outside Whitechapel Gallery, London, E1 7QX SIGN UP		5, 12, 19 & 26: 11:30am onwards Face to Face Session Meeting at Stanley Road, Hounslow, TW3 1XH	
Thur	Art Thursday			Walking Group		
	6, 13, 20, & 27: 11am - 12:30pm Online Zoom Session web.zoom.us/j/9647254912 Meeting ID: 9647254912			6, 13, 20, & 27: 11:30am – 1pm Face to Face Session Meeting at The Coach & Horses Pub, 183 London Rd, Isleworth, TW7 5BQ		
Fri	Friday Arts & Craft Workshop	Sonic Sound Club - Music Group		Job Club	Monthly Social and Disco	
	7, 14, 21 & 28: 2 - 4pm Face to Face Session Fitzrovia Community Centre, 2 Foley Street, London, W1W 6DL	7, 14, 21 & 28: 2pm - 3pm Online Zoom Session web.zoom.us/j/87618643077 Meeting ID: 876 1864 3077		Fridays - For people* in Hounslow Face to Face Session If interested contact asangha@certitude.london *Certitude Supported Living Residents in Hounslow ONLY	21 Nov: 5.30pm to 7pm Face to Face Session Open to all, please contact Anita on asangha@certitude.london	
Sat	Stepping up Football Group					
	1, 15 & 29: 1pm - 4pm, Face to Face Session Meet at Goals Ruislip, Victoria Road, Ruislip, West London HA4 0JE					